



Buzz - The Flood and The Ark

So this week we heard about the infamous flood and the ark of Noah, who--along with his family and a pair of every animal on the planet--were saved from the disastrous waters. This isn't just a bedtime story for kids; there are lessons here that I am still learning now as a grown up with my own family. [More . . .](#)



Mom of the Week: Doni Zasloff Thomas

([Mama Doni](#)) is a mom, educator, songwriter, and lead singer in The Mama Doni Band, winner of the Simcha Award for "Inspiring Joy Through Music" at the International Jewish Music Festival. Wanting to share her love of Jewish culture with the preschool kids she was teaching in 2007, Doni began writing funky songs with a fun, Jewish cultural twist, drawing on genres such as reggae, pop, and bluegrass. This Imma has produced three CDs, including the 2009 release, *Chanukah Fever*, garnering rave reviews from an array of prominent publications. Mama Doni's newest album, *Shabbat Shaboom!*, will be released in February 2011. In addition to producing family-friendly CDs and videos, The Mama Doni Band presents live concerts and workshops throughout the world.



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My Homework Hangover

by [Judy Gruen](#)
"What year did the United States take over Guam?"

my daughter asked while I was contemplating nothing more taxing than whether to give away my prettiest, yet most painful, pair of shoes." [More . . .](#)

mi EVENTS



If you've stuffed yourself silly over the holidays and can't eat another bite after hosting too many Yom Tov meals, this meet-up is for you.

What: **"It's Not Only About Food,"** featuring Start Fresh CEO Marcia Bodenstern
Where: My Most Favorite Food,

mi GROUP



[MOMpreneurs](#) is an interactive way for moms to promote their businesses, and exchange ideas and inspiration.

Whether you're building an empire or a nest egg, this is the place for you to share your challenges and look for solutions. Moderated by MOMpreneur [Annette Back!](#)

mi RECOMMENDS



Wanna use miles to book your next Pesach trip? Need to send out a save-the-date for a big birthday bash? This three-year [Hebrew calendar](#) helps you plan ahead and let's you know if the Yom Tovim will arrive early, late or right on time.

247 West 72nd Street (between Broadway and West End)
 When: Monday, October 18th,
 10:30-12 Noon
 RSVP: events@metroimma.com
 Cost: \$20

mi BITES



Coffee Cake Muffins

There's just something about coffee cake muffins. They seem to

evoke another era, slower-paced, with the neighborhood women meeting at each other's homes for coffee klatches instead of yelling "How are you?" as they pass each other on the street, running from meeting to meeting and errand to errand. Although I have yet to do it, I frequently fantasize about sitting still for 15 to 20 minutes every afternoon, coffee cup in one hand, coffee muffin in the other and a great book on my lap. [More . . .](#)



Popularity Contest

It's been a long time since I engaged in a

popularity contest and it made me think back to my high school years. [More . . .](#)

View MI co-founder Jodi Samuels' blogs at [Jodi's Blog](#).

Click [here](#) to vote for Jodi for Jewish Community Hero.



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